



## Putting the Pedals on your Ultimate Wheel

Your Ultimate Wheel comes without the pedals fitted, it should only take 5 minutes to assemble. You are going to need a bicycle pump (Schrader Valve) and 15mm spanner.

Fit the pedals onto the correct side by matching the letter on the Ultimate Wheel with those on the pedals. Tighten firmly using your 15mm spanner remember the left hand crank has a reverse thread.

Pump your tyre up, remember you will be putting all your weight on this single wheel, so pump it up more than you would your bike.

Care should be taken on an Ultimate Wheel when riding to be sure that they are ridden the correct way around. The right foot needs to be on the right pedal and left on left. If they are ridden wrong way around the pedals will come loose and strip the thread. Never ride with loose pedals.

